

Mission Statement

To serve the evolving needs of Seniors, families and the community through specifically designed facilities, personalized services and quality programs.

General Information

Lions Housing Centres, in cooperation with Manitoba Health and Winnipeg Regional Health Authority, sponsors the Pacesetter Program.

The Pacesetter Program is a social program specifically designed for members experiencing memory problems.

Lions Housing Centres

Lions Housing Centres is a non-profit organization sponsored by the Lions Club of Winnipeg, an affiliate of Lions International, a worldwide service club since 1921.

Staff Team:

Recreation Manager:
Katharine Yurkiw

Recreation Coordinator:

Assistant Coordinator:
Laurie Young



Lions Housing Centres



Welcome To Manor Adult Day Club

Pacesetter Program

320 Sherbrook St
Winnipeg, MB
R3B 2W6

Phone: (204) 784-1378
Fax: (204) 784-2723

Benefits

The program offers an enabling wellness approach to meeting the members' needs. They have an opportunity to:

- Have fun
- Be involved in positive experiences
- Share their talents
- Socialize with peers
- Experience new activities

Support:

The program provides qualified staff and dedicated volunteers. They offer a kind and gentle care approach not only to members but also to families and caregivers as well.

Membership Information:

Referrals to the program are made through Winnipeg Regional Health Authority, 204-788-8330.

Membership Fee:

\$8.75 per day.

Hours of Operation:

The Pacesetter Program operates Tuesday through Friday from 10:00 a.m. – 3:00 p.m.

Transportation:

Transportation is provided by a contracted service. Members are picked up at their door and returned safely by a friendly trained driver.

Flexible Schedule:

10:00 – 10:30	Arrival
10:30 – 11:00	Coffee and Socialization
11:00 – 11:40	Mental Fitness
11:40 – 12:15	Recreation
12:15 – 1:00	Exercises
1:00 – 2:00	Lunch & Relaxation
2:00 - 2:45	Mental Fitness or Recreation
3:00	Departure

Each week we explore or celebrate a different theme and many of the following programs are included in our day.

Socialization/Wellness:

Morningside – coffee and muffin, small group programs, singalongs, special events, community outings, year-round, baking program, aromatherapy, art/craft activities, pet visits, horticulture, and reminiscing.

Mental Stimulation:

Wheel of Fortune, Price is Right, Word Search, theme BINGO, theme discussions, crosswords, Trivia, card games, movies, Lifestories & Reminiscing board games, jigsaw puzzles, quizzes, theme placemats.

Physical/Recreation:

Sitting exercises, bean bag toss, parachute ball, twister, carpet bowling, lawn darts, balloon volleyball, bocci, putting golf game, Tic Tac Toe ball, stinky pipe game, double ladder ball and Hillbilly golf.

Although we plan our weekly themes, our days are flexible and we encourage members' ideas and independence.