

MANOR ADULT DAY CLUB DAILY SCHEDULE 10:15 Morning coffee and muffins 10:45 News & Views 11:00 Exercises 11:30 Mental Fitness game 12:00 Theme/game 12:30 Recreation game 1:00 Lunch 2:00 Afternoon activities (ex. mental fitness game, recreation game, sing-a-long, entertainment, etc.) 2:45 Refreshments <i>Programs subject to change</i>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		 WINTER OLYMPICS 6 Ladder Ball/Shuffleboard Olympics Chat/Clips Name Ten: Sports Sports Bingo	 WINTER OLYMPICS 7  Ladder Ball/Shuffleboard Olympics Chat/Clips Name Ten: Sports Sports Bingo	HUMOR WEEK 1 Tic Tac Toe Ball Laugh Out Loud (Jokes) Sing-along WINTER OLYMPICS 8 *Gordon Plant Ladder Ball/Shuffleboard Olympics Chat/Clips Name Ten: Sports Sports Bingo
	VALENTINE'S WEEK 13 *Jesse V-Day History Discussion Just for Laughs Dates Bocce Ball V-Day Card Making	VALENTINE'S WEEK 14  V-Day History Discussion Just for Laughs Dates Bocce Ball V-Day Card Making	VALENTINE'S WEEK 15 *Wayne Wozney V-Day History Discussion Just for Laughs Dates Bocce Ball V-Day Card Making	VALENTINE'S WEEK 16 V-Day History Discussion Just for Laughs Dates Bocce Ball V-Day Card Making 
	CHINESE NEW YEAR 20 Chinese New Year Chat Tic Tac Toe Ball Chinese Food Lunch Chinese New Year Clips Bingo	 CHINESE NEW YEAR 21 Chinese New Year Chat Tic Tac Toe Ball Chinese Food Lunch Chinese New Year Clips Bingo	CHINESE NEW YEAR 22 Chinese New Year Chat Tic Tac Toe Ball Chinese Food Lunch Chinese New Year Clips Bingo	CHINESE NEW YEAR 23 *Cal Wooky Chinese New Year Chat Tic Tac Toe Ball Chinese Food Lunch Chinese New Year Clips Bingo 
	 WINTERPEG 27 MANISNOWBA Birdie Toss Name 10 Winter Edition Family Feud	WINTERPEG 28 MANISNOWBA Birdie Toss Name 10 Winter Edition Family Feud	WINTERPEG March 1 MANISNOWBA  Birdie Toss Name 10 Winter Edition Family Feud	WINTERPEG March 2 MANISNOWBA Birdie Toss Name 10 Winter Edition Family Feud

Freezing into
FEBRUARY
2018

