

APRIL

Concordia ADC Activity Calendar



Spring has Sprung and our dance has just begun!

Meals	Tuesdays	Wednesdays	Thursdays	Fridays	Daily Routine:	
Minestrone Soup Beef Pot Pie (Gravy) Green Beans Mandarin Oranges	Are we Foolin' You?				10:00AM	Morning Side
	3	4	5	6	10:45AM	Recreation Program
	Bocce Ball	Bocce Ball	Ladder Ball	Ladder Ball	11:45AM	Walk-a-lap
	Word-in-a-Word	Wheel of Fortune	Word-in-a-Word	Word-in-a-Word	12:00PM	Exercise
Cream of Mushroom Fish & Chips Coleslaw Apricots	April's showers bring May Flowers Week				12:45PM	Lunch
	10	11	12	13	1:45PM	Rest & Relaxation
	Magnetic Darts	Basketball	Bowling	Bowling	2:15PM	Mental Fitness Program
	Cards & Scrabble	Cards & Scrabble	Cards & Scrabble	Sing-a-long	3:15PM	Sharing Circle (Refreshments)
Beef Noodle Pork Chop (Gravy) Mashed Potato & Broccoli Rhubarb & Strawberry Compote	Volunteer Appreciation Week				3:30PM	Home Time
	17	18	19	20		
	Ladder Ball	Volleyball	Tic-Tac Toe Throw	Tic-Tac Toe Throw		
	Bingo	Bingo	Bingo	Bingo		
Cream of Chicken Spaghetti & Meat Sauce Tossed Salad Dinner Roll Ice Cream Sandwich	Love the Earth Week					
	24	25	26	<i>Arbour Day 27</i>		
	Tic-Tac-Toe Throw	Tic-Tac-Toe Throw	Bean Bag Toss	Member's Choice		
	Student Program	Student Program	Student Program	Entertainment		

All activities are subject to change without notice.

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