



April  
2018

*SPEAK  
NO EVIL*



\* Programs may be  
subject to change

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	LIONS PLACE ADULT DAY CLUB
	<b>Historical Advocates for Justice</b>  HomEquip Presentation Music on the Tonechimes Our Helping Hands 3	<b>Historical Advocates for Justice</b>  HomEquip Presentation Music on the Tonechimes Our Helping Hands 4	<b>Historical Advocates for Justice</b>  HomEquip Presentation Music on the Tonechimes Our Helping Hands 5	<b>Historical Advocates for Justice</b>  HomEquip Presentation Music on the Tonechimes Our Helping Hands 6	<b>Daily Schedule</b>  10:00 Arrival  10:00-11:00 Morningside (including coffee/tea & a muffin)  11:00-12:00 Physical Fitness -Walk-a-lap -Warm-up, Cardio & Cool Down  12:00-1:00 Juice & Mental Fitness  1:00-2:00 Hot Lunch  2:00-2:30 Rest & Relaxation  2:30-3:15 Recreation ( <i>Bulls Eye Washers</i> )  3:15-3:30 Juice & Sharing Circle  3:30-3:45 Transit Downstairs  3:45 Departure
	<b>Current Advocates for Justice</b>  Music on the Tonechimes Our Helping Hands 10	<b>Current Advocates for Justice</b>  Music on the Tonechimes Our Helping Hands  11	<b>Current Advocates for Justice</b>  Music on the Tonechimes Our Helping Hands 12	<b>Current Advocates for Justice</b>  Music on the Tonechimes Our Helping Hands Judy & Digger the Dog 13	
	<b>Celebrating Earth Day</b>  Bake Earth Day Cupcakes Music on the Tonechimes 17	<b>Celebrating Earth Day</b>  Bake Earth Day Cupcakes Music on the Tonechimes Nature Conservancy of MB 18	<b>Celebrating Earth Day</b>  Bake Earth Day Cupcakes Music on the Tonechimes Nature Conservancy of MB 19	<b>Celebrating Earth Day</b>  Bake Earth Day Cupcakes Music on the Tonechimes  20	
	<b>Celebrating Our Volunteers</b>  Singing Together Volunteer Appreciation Event 24	<b>Celebrating Our Volunteers</b>  Singing Together Volunteer Appreciation Event 25	<b>Celebrating Our Volunteers</b>  Singing Together Volunteer Appreciation Event 26	<b>Celebrating Our Volunteers</b>  Singing Together Volunteer Appreciation Event 27	
	