

February
2019

*For All
the
Saints*



* Programs may be
subject to change

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	LIONS PLACE ADULT DAY CLUB
Celebrating Chinese New Year				Daily Schedule 10:00 Arrival 10:00-11:00 Morningside (including coffee/tea & a muffin) 11:00-12:00 Physical Fitness -Walk-a-lap -Warm-up, Cardio & Cool Down 12:00-1:00 Juice & Mental Fitness 1:00-2:00 Hot Lunch 2:00-2:30 Rest & Relaxation 2:30-3:15 Recreation (Beanbag Toss) 3:15-3:30 Sharing Circle 3:30-3:45 Transit Downstairs 3:45 Departure
Saints Dorothy & Apollonia Create Chinese Lanterns Share Fortune Cookies 5	Saints Dorothy & Apollonia Create Chinese Lanterns Share Fortune Cookies 6	Saints Dorothy & Apollonia Create Chinese Lanterns Share Fortune Cookies 7	Saints Dorothy & Apollonia Create Chinese Lanterns Share Fortune Cookies 8	
Celebrating Valentine's Day				
Saints Valentine & Francis of Assisi Valentine's Day Rebus Puzzles Bake Red Velvet Cupcakes 12	Saints Valentine & Francis of Assisi Valentine's Day Rebus Puzzles Bake Red Velvet Cupcakes 13	Saints Valentine & Francis of Assisi Valentine's Day Rebus Puzzles Bake Red Velvet Cupcakes 14	Saints Valentine & Francis of Assisi Valentine's Day Rebus Puzzles Bake Red Velvet Cupcakes 15	
LIFE OF A SAINT: Saint Patrick / Saint Margaret of Cortona				
Rainbow Shuffleboard 19	Rainbow Shuffleboard 20	Rainbow Shuffleboard 21	Rainbow Shuffleboard 22	
Celebrating Therapeutic Recreation				
Implementing the Concept of FLOW Music Program 26	Implementing the Concept of FLOW Music Program TR Event w. residents of LP 27	Implementing the Concept of FLOW Music Program 28	Implementing the Concept of FLOW Music Program 1	